

# 2012 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

23 Coaches Voted in this weeks poll

Date: September 19, 2012

## Class B Girls:

### Teams

- 1 Hillsboro
- 2 Rugby
- 3 Watford City
- 4 Bismarck Shiloh Christian
- 5 Langdon Area

### Individuals

- 1 Abi Waloch (Southern McLean)
- 2 Asha Smith (Watford City)
- 3 Keisha Schock (Southern McLean)
- 4 Kennedy Rude (Langdon Area)
- 5 Tess Scott (Barnes County North)
- 6 Nicole Rasmussen (Watford City)
- 7 Ashely Perez (Dakota Prairie)
- 8 Cassidy Peterson (Velva)
- 9 Mariah Forness (Bismarck Shiloh Christian)
- 10 Madison Gapp (Langdon Area)

Other teams receiving votes:

## Class B Boys:

### Teams

- 1 New Town
- 2 Lisbon
- 3 Central Cass
- 4 Grafton
- 5 Beulah/Hazen

### Individuals

- 1 Elliott Stone (Bismarck Shiloh Christian)
- 2 Jacob Gallagher (Lisbon)
- 3 Scott Hale (New Town)
- 4 Ryan Wheeling (New Town)
- 5 Josh Mangin (Central Cass)
- 6 DeVan Helmoski (Grafton)
- 7 Guy Ross (Watford City)
- 8 Thomas Horgeshimer (Lisbon)
- 9 Donovan Lambert (Bismarck Shiloh Christian)
- 10 Daniel Kuntz (Velva)

Other teams receiving votes:

## Class A Girls:

### Teams

- 1 Bismarck
- 2 Fargo Davies
- 3 Bismarck Century
- 4 West Fargo
- 5 Fargo South

### Individuals

- 1 Brittany Brownotter (Bismarck)
- 2 Lexi Zeis (Bismarck)
- 3 Morgan Pierce (Bismarck)
- 4 Katie Bye (Fargo Davies)
- 5 Maddie Strandemo (Fargo South)
- 6 Alex Backlund (Fargo Shanley/OG/PC)
- 7 Jordan Jacob (Bismarck Century)
- 8 Alison Allmer (Jamestown)
- 9 Jen Dufner (West Fargo)
- 10 Paige Melin (Bismarck Century)

Other teams receiving votes:

## Class A Boys:

### Teams

- 1 Bismarck
- 2 Williston
- 3 Fargo Davies
- 4 Grand Forks Red River
- 5 West Fargo

### Individuals

- 1 Jake Leingang (Bismarck)
- 2 Lane Kasher (Bismarck)
- 3 Jackson Binstock (Dickinson)
- 4 Matt Gotta (Bismarck)
- 5 Brandon Scheel (Fargo Davies)
- 6 Cataldo DiDonna (Bismarck Century)
- 7 Matt Tingum (Grand Forks Red River)
- 8 Chris Chamberlin (Williston)
- 9 Preston Lerew (Bismarck)
- 10 Tanner Bjorlie (Fargo North)

Other teams receiving votes: